

PLANTS OF THE LITTLE RIVER COMMUNITY TRAIL

Belfast, Maine



Painted Trillium



New England Aster



Helleborine

Cardinal Flower



Starflower



Joe-Pye-Weed



Boneset



Hobblebush



Bluebead Lily



The 4.25-mile **Little River Community Trail** has trailheads at both ends.

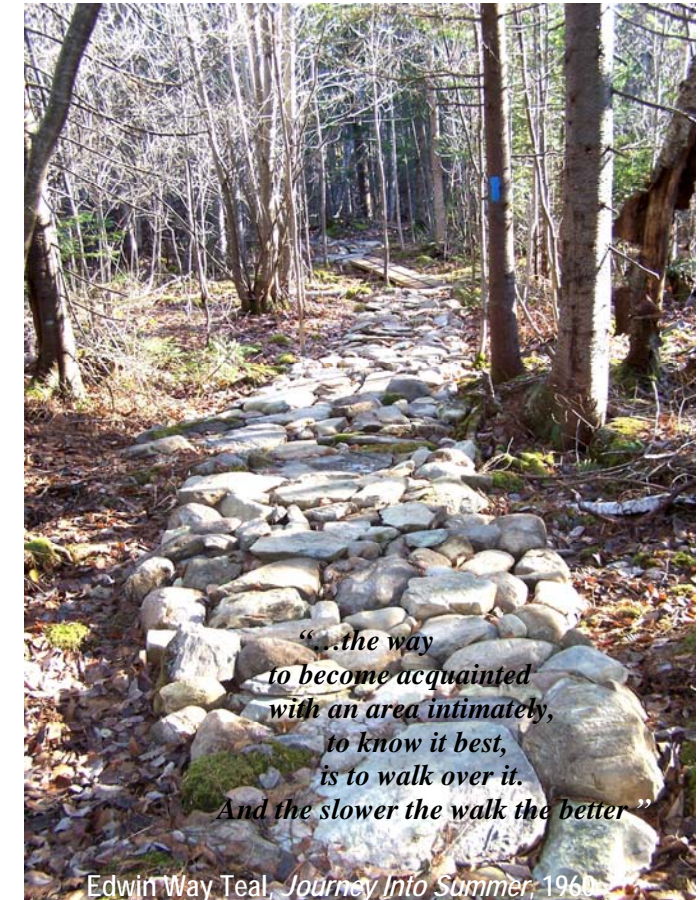
South end: At the kiosk in the back parking lot of the Belfast Water District, US 1 at the south end of Belfast.

North end: At the Walsh Ball Fields parking lot off Rt. 52.

For an urban trail, the Little River Community Trail offers to the observant day-hiker a rich variety of quiet forested habitats, including mossy forested wetlands, a riverine flood plain, a forested lakeshore, successional deciduous hardwood forests, coniferous forests, and mixed hardwood-coniferous forests. These habitats attract many wildlife species that can be observed in Belfast.

Wildflowers, both subtle and showy, bloom along the length of the trail. This list is a work in progress -- can you find more? If so, we'd be pleased to learn about it. Take a good photo (do not pick it!), identify if possible, then contact us with its whereabouts and we'll include it in the next edition of this list.

Please Remember to stay on the boardwalk where one is available. This will not only keep your shoes dry but also protect vulnerable plant life.



Edwin Way Teal, *Journey Into Summer*, 1960



Young Naturalists study plants on the trail

<p>Belfast Bay Watershed</p>	<p>Brochure courtesy of: Belfast Bay Watershed Coalition P.O. Box 152, Belfast, Maine www.belfastbaywatershed.org & Phillips EcoServices Monroe, Maine www.phillipsecoservices.com</p>
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COMPREHENSIVE LIST OF VASCULAR VEGETATION FOUND ALONG THE LITTLE RIVER COMMUNITY TRAIL IN BELFAST, MAINE, 2009

PLEASE WRITE IN THE NAMES OF THE ONES THAT WE DIDN'T SEE THEN LET US KNOW ABOUT THEM

[References for Nomenclature](#)

Haines, Arthur, Thomas Vining. 1998. *Flora of Maine*, Bar Harbor, ME
Haines, A; Personal Communication. 2009. *Flora Novae Angliae* (unpublished working draft)

Common Name	Scientific Name	Sp	Su	Fa	Common Name	Scientific Name	Sp	Su	Fa	Common Name	Scientific Name	Sp	Su	Fa	Common Name	Scientific Name	Sp	Su	Fa	
Trees & Saplings					Wildflowers & Ferns					Grasses, Sedges & Rushes										
apple	<i>Malus</i> sp.	B		F	arrowhead, common	<i>Sagittaria latifolia</i>		B		fireweed	<i>Chamaenerion angustifolium</i>		B		St. Johnswort, common	<i>Hypericum perforatum</i>			B	
ash, brown / black	<i>Fraxinus nigra</i>				aster, eastern lined	<i>Symphyotrichum lanceolatum</i>			B	fleabane, daisy	<i>Erigeron</i> spp.		B		St. Johnswort, pale	<i>Hypericum ellipticum</i>			B	
ash, green	<i>Fraxinus pennsylvanica</i>				aster, flat-topped white	<i>Doellingeria umbellata</i>			B	forget-me-not	<i>Myosotis laxa</i>		B		starflower	<i>Trientalis borealis</i>		B		
ash, white	<i>Fraxinus americana</i>				aster, large-leaved	<i>Eurybia macrophylla</i>			B	gall of the earth	<i>Prenanthes trifoliolata</i>		B		stitchwort, common	<i>Stellaria graminea</i>			B	
aspen, big-tooth	<i>Populus grandidentata</i>				aster, New England	<i>Symphyotrichum novae-angliae</i>			B	geranium, wild	<i>Geranium maculatum</i>		B		strawberry, wild	<i>Fragaria virginiana</i>		B	F	
aspen, quaking	<i>Populus tremuloides</i>				aster, New York	<i>Symphyotrichum novi-belgii</i>			B	golden Alexanders	<i>Zizia aurea</i>		B		strawberry, wood	<i>Fragaria vesca</i>		B	F	
beech, american	<i>Fagus grandidentata</i>				aster, purple-stemmed	<i>Symphyotrichum puniceum</i>			B	goldenrod, Canada	<i>Solidago canadensis</i>			B	sundrops, southern	<i>Oenothera fruticosa</i>			B	
birch, gray	<i>Betula populifolia</i>				aster, whorled	<i>Oclemea acuminata</i>			B	goldenrod, downy	<i>Solidago puberula</i>			B	swamp candles	<i>Lysimachia terrestris</i>			B	
birch, paper	<i>Betula papyrifera</i>				avens, white	<i>Geum canadense</i>		B		goldenrod, lance-leaved	<i>Euthamia graminifolia</i>			B	tearthumb, arrow-leaved	<i>Persicaria sagittata</i>			B	
cedar, northern white	<i>Thuja occidentalis</i>				balsam, Himalayan	<i>Impatiens glandulifera</i>		B		goldenrod, rough-stemmed	<i>Solidago rugosa</i>			B	tearthumb, halberd-leaved	<i>Persicaria arifolia</i>			B	
cherry, black	<i>Prunus serotina</i>	B	F		bedstraw, marsh	<i>Galium palustre</i>		B		goldthread	<i>Coptis trifolia</i>		B		thistle, bull	<i>Cirsium vulgare</i>			B	
cherry, choke	<i>Prunus virginiana</i>	B	F		beggar ticks, devil's	<i>Bidens frondosa</i>		B		hawksbeard, smooth	<i>Crepis capillaris</i>			B	trillium, painted	<i>Trillium undulatum</i>			B	
fir, balsam	<i>Abies balsamea</i>				black-eyed Susan	<i>Rudbeckia serotina</i>			B	hawkweed, field / king devil	<i>Hieracium caespitosum</i>			B	turtlehead, white	<i>Chelone glabra</i>			B	
hemlock, eastern	<i>Tsuga canadensis</i>				blue-bead lily / corn-lily	<i>Clintonia borealis</i>		B		hawkweed, rough	<i>Hieracium scabrum</i>			B	vervain, blue	<i>Verbena hastata</i>			B	
locust, black	<i>Robinia pseudoacacia</i>				blue-eyed grass, stout	<i>Sisyrinchium angustifolium</i>		B		hazelnut, beaked	<i>Corylus cornuta</i>			B	vetch, cow	<i>Vicia cracca</i>			B	
maple, Norway	<i>Acer platanoides</i>	B			bluets	<i>Houstonia caerulea</i>		B		helibore, false	<i>Veratrum viride</i>		B		violet, blue marsh	<i>Viola cucullata</i>			B	
maple, red	<i>Acer rubrum</i>	B			boneset	<i>Eupatorium perforatum</i>			B	helleborine	<i>Epipactis helleborine</i>			B	violet, northern blue	<i>Viola septentrionalis</i>			B	
maple, striped	<i>Acer pensylvanicum</i>	B			buckwheat, climbing false	<i>Fallopia scandens</i>			B	hempenettle	<i>Galeopsis bifida</i>			B	violet, wild white	<i>Viola macloskeyi</i> var. <i>pallens</i>			B	
maple, sugar	<i>Acer saccharum</i>	B			bugleweed, northern	<i>Lycopus uniflorus</i>			B	hog-peanut	<i>Amphicarpea bracteata</i>			B	water-parsnip	<i>Sium suave</i>			B	
mountain-ash, American	<i>Sorbus americana</i>			F	bunchberry	<i>Cornus canadensis</i>		B	F	horsetail, field	<i>Equisetum arvense</i>			B	wild-oats	<i>Uvularia sessilifolia</i>			B	
oak, red	<i>Quercus rubra</i>				burdock, common	<i>Arctium minus</i>			B	horsetail, marsh	<i>Equisetum palustre</i>			B	willow-herb, eastern	<i>Epilobium coloratum</i>			B	
pine, white	<i>Pinus strobus</i>				buttercup, bulbous	<i>Ranunculus bulbosa</i>			B	horsetail, river	<i>Equisetum fluviatile</i>			B	winter cress / yellow rocket	<i>Barbarea vulgaris</i>			B	
spruce, red	<i>Picea rubens</i>				buttercup, creeping	<i>Ranunculus repens</i>			B	Indian pipe	<i>Monotropa uniflora</i>			B	wintergreen	<i>Gaultheria procumbens</i>			F	
					buttercup, tall	<i>Ranunculus acris</i>			B	Indian-tobacco	<i>Lobelia inflata</i>			B	wood anemone	<i>Anemone quinquefolia</i>			B	
					Canada mayflower	<i>Maianthemum canadense</i>			B	iris, blue-flag	<i>Iris versicolor</i>			B	woods-sorrel, common yellow	<i>Oxalis stricta</i>			B	
					cardinal flower	<i>Lobelia cardinalis</i>			B	jack-in-the-pulpit	<i>Arisaema atrorubens</i>		B							
					cinquefoil, common	<i>Potentilla simplex</i>			B	jewelweed	<i>Impatiens capensis</i>		B							
					clover, alsike	<i>Trifolium hybridum</i>			B	joey-pye-weed, spotted	<i>Eutrochium maculatum</i>			B						
					clover, red	<i>Trifolium pratense</i>			B	lady's slipper, pink	<i>Cypripedium acaule</i>			B						
					clubmoss, Hickey's tree	<i>Dendrolycopodium hickeyi</i>			B	lettuce, hairy tall	<i>Lactuca hirsuta</i>			B						
					clubmoss, prickly tree	<i>Dendrolycopodium dendroideum</i>			B	lettuce, tall	<i>Lactuca canadensis</i>			B						
					coltsfoot	<i>Tussilago farfara</i>			B											
					columbine, European	<i>Aquilegia vulgaris</i>			B											
					cucumber-root, Indian	<i>Medeola virginiana</i>			B											
					daisy, oxeye	<i>Leucanthemum vulgare</i>			B											
					dandelion, common	<i>Taraxacum officinale</i>		B	B											
					dewberry	<i>Rubus hispida</i>			B											
					dewdrop	<i>Rubus dalibarda</i>			B											
					dock, curled	<i>Rumex crispus</i>			B											
					dogwood	<i>Ribes</i> sp.		B												
					dogwood, alternate-leaved	<i>Cornus alternifolia</i>		B												
					elder, common	<i>Sambucus canadensis</i>			BF											
					hazelnut, beaked	<i>Corylus cornuta</i>			B											
					hobblebush	<i>Viburnum lantanooides</i>		B												
					honeysuckle, fly	<i>Lonicera canadensis</i>		B												
					honeysuckle, Morrow's	<i>Lonicera morrowii</i>		B												
					huckleberry, black	<i>Gaylussacia baccata</i>			BF											
					meadowsweet	<i>Spiraea alba</i> var. <i>latifolia</i>			B											
					oriental bittersweet	<i>Celastrus orbiculata</i>			B											
					poison-ivy	<i>Toxicodendron radicans</i>		B												
					raspberry, American red	<i>Rubus idaeus</i>			BF											
					raspberry, dwarf	<i>Rubus pubescens</i>			BF											
					rose, bristly	<i>Rosa acicularis</i>			B	F										
					serviceberry / shadbush	<i>Amelanchier</i> spp.		B												
					steeplebush	<i>Spiraea tomentosa</i>			B											
					virgin's bower	<i>Clematis virginiana</i>			B											
					willow, silky	<i>Salix sericea</i>														
					winterberry, common	<i>Ilex verticillata</i>			F											
					witch-hazel	<i>Hamamelis virginiana</i>			B											

LEGEND

Sp = Spring (generally March – early May) Su = Summer (generally mid May – early September) Fa = Fall (generally mid September – November) "B" = Blooming or Flowering mostly in the season indicated "F" = Fruiting (i.e., berries etc) or seeding mostly in the season indicated

NOTE: Remember that nature doesn't like to follow our rules. Don't be confused by a wildflower blooming "out of season" (according to this brochure), because it happens.